| Date | Time | Opponents | Location |
|----------|------|--|-----------------|
| 08/26/19 | 5:15 | Mann @ Maumelle (7 th only) | Maumelle |
| | 4:30 | Pinnacle View @ Pul. Acad. (7 th only) | Pulaski Academy |
| 08/29/19 | 5:15 | Mann @ Maumelle (8 th only) | Maumelle |
| | 6:00 | Bryant Bethel @ Pinnacle View (8 th only) | Pinnacle View |
| 09/03/19 | 6:00 | Mabelvale @ Pine Bluff (8 th only) | Pine Bluff |
| 09/10/19 | 5:30 | Pinnacle View @ Henderson | Scott Field |
| | 5:30 | Forest Heights @ Cloverdale | Fair |
| | 5:30 | Pulaski Heights @ Mann | Quigley/Cox |
| | 6:00 | Mabelvale @ Dunbar | Pinnacle View |
| | | Catholic (Bye) | |
| 09/17/19 | 5:30 | Forest Heights @ Catholic | Catholic |
| | 5:30 | Henderson @ Pulaski Heights | Scott Field |
| | 5:30 | Cloverdale @ Mabelvale | Fair |
| | 5:30 | Dunbar @ Mann | Quigley/Cox |
| | | Pinnacle View (Bye) | |
| 9/24/19 | 6:00 | Pulaski Heights @ Pinnacle View | Pinnacle View |
| | 5:30 | Catholic @ Mabelvale | Fair |
| | 5:30 | Dunbar @ Henderson | Scott Field |
| | 5:30 | Cloverdale @ Mann | Quigley/Cox |
| | | Forest Heights (Bye) | |
| 10/01/19 | 5:30 | Mabelvale @ Forest Heights | Scott Field |
| | 5:30 | Pinnacle View @ Dunbar | Quigley/Cox |
| | 5:30 | Mann @ Catholic | Catholic |
| | 5:30 | Henderson @ Cloverdale | Fair |
| | | Pulaski Heights (Bye) | |
| 10/08/19 | 5:30 | Dunbar @ Pulaski Heights | Quigley/Cox |
| | 5:30 | Mann @ Forest heights | Scott Field |
| | 6:00 | Cloverdale @ Pinnacle View | Pinnacle View |
| | 5:30 | Catholic @ Henderson | Fair |
| | | Mabelvale (Bye) | |
| 10/15/19 | 5:30 | Mann @ Mabelvale | Fair |
| | 5:30 | Pulaski Heights @ Cloverdale | Quigley/Cox |
| | 5:30 | Henderson @ Forest Heights | Scott Field |
| | 5:30 | Pinnacle View @ Catholic | Catholic |
| | | Dunbar (Bye) | |
| 10/22/19 | 5:30 | Cloverdale @ Dunbar | Quigley/Cox |
| | 5:30 | Mabelvale @ Henderson | Fair |
| | 5:30 | Catholic @ Pulaski Heights | Scott Field |
| | 6:00 | Forest Heights @ Pinnacle View | Pinnacle View |
| | | Mann (Bye) | |
| 10/29/19 | 5:30 | Henderson @ Mann | Quigley/Cox |
| | 5:30 | Dunbar @ Catholic | Catholic |

| Date | Time | Opponents | Location |
|----------|------|---|---------------|
| 10/29/19 | 5:30 | Pinnacle View @ Mabelvale | Fair |
| | 5:30 | Pulaski Heights @ Forest Heights | Scott Field |
| | | Cloverdale (Bye) | |
| 11/05/19 | 5:30 | Catholic @ Cloverdale | Quigley |
| | 6:00 | Mann @ Pinnacle View | Pinnacle View |
| | 5:30 | Forest Heights @ Dunbar | Fair |
| | 5:30 | Mabelvale @ Pulaski Heights | Scott Field |
| | | Henderson (Bye) | |
| 11/09/19 | TBA | 7 th Grade Playoffs Top Four | Scott Field |
| | | 8 th Grade Playoffs Top Four | Scott Field |
| 11/12/19 | TBA | Finals 7 th & 8th | Scott Field |